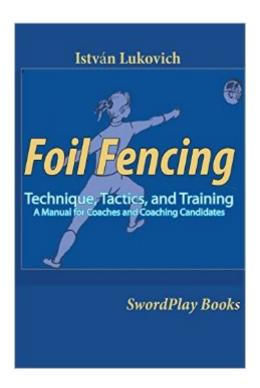
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Foil Fencing: Technique, Tactics And Training: A Manual For Coaches And Coaching Cadidates





Synopsis

This essential handbook presents basic foil technique and tactics -- and how to teach them successfully to beginners and more advanced fencers. It presents countless practical tips, plus the distilled wisdom of generations of masters of the Hungarian school. It is rigorously technical, yet adapted to the demands of contemporary competition. There are nearly 200 illustrations.

Book Information

Paperback: 232 pages

Publisher: SKA SwordPlay Books (August 27, 2013)

Language: English

ISBN-10: 098544410X

ISBN-13: 978-0985444105

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 14.6 ounces (View shipping rates and policies)

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